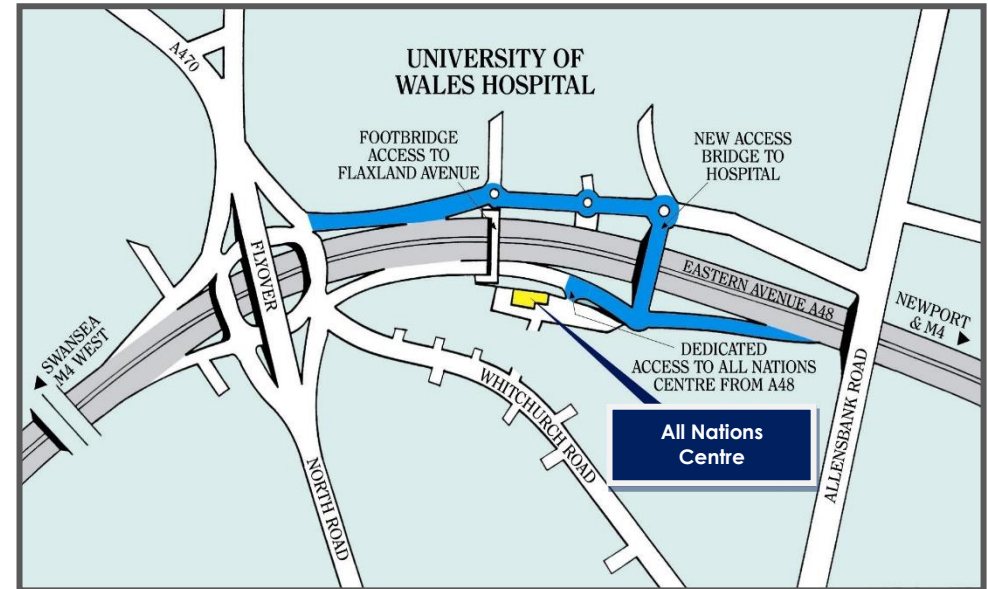




# DIRECTIONS

- From the East, Junction 29 of M4, join the A48M; continue until the 40mph speed limit, which is the start of the map provided.
- From the West, Junction 32 of M4, follow signs for city centre, until picking up signs for the University Hospital of Wales, and then follow the map provided.
- From Cardiff Central Station:
  - by taxis 10 minutes (depending on traffic)
  - by bus approx. 25 minutes – Bus number 8/9/9A (Heath Hospital) at Wood Street JV
- Within 40 minutes from Cardiff International Airport



Using the post code CF14 3NY will direct you to our West car park, off Whitchurch Road, however this car park has limited space. We do recommend, whenever possible, delegates use our East car park that is situated off the A48 slip road as this is significantly larger.

**Please note access is still possible through the UHW by mentioning to the staff at the barrier you are attending a conference at All Nations Centre.**

If you need any further information please do not hesitate to get in contact: [reception@allnationscentre.com](mailto:reception@allnationscentre.com) or call 02920524100

All Nations Centre | Sachville Avenue | Cardiff | CF14 3NY  
02920 524 100 | [sales@allnationscentre.com](mailto:sales@allnationscentre.com) | [www.allnationscentre.com](http://www.allnationscentre.com)