



CANTONIAN HIGH SCHOOL

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Y GORAU O BOB UN, LLWYDDIANT I BAWB

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Dear Parents/Carers

The NHS has asked for this message to be sent out to you.

Undiagnosed Type 1 diabetes in children is a medical emergency.

Be vigilant to see if your child has ANY of the main symptoms of Type 1 diabetes. The main symptoms are known as the 4 Ts:

- Thirst
- Toilet
- Tiredness
- Thinner

If you notice your child is thirsty or using the toilet more frequently, is always feeling tired, or has lost weight recently, please make an **urgent** GP appointment or contact the Out of Hours service.

Type 1 diabetes requires prompt treatment. NHS services are very well equipped to look after children safely if they are unwell. Please do not delay seeking medical advice because of COVID-19.

There is more information available here:

https://www.diabetes.org.uk/in_your_area/wales/campaigning/know-type-1---wales

Yours sincerely

MRS D GILL
Executive Headteacher